# Safer Speeds: Considerations for Speed Limits and Management



(Image: Photo by David Lofink)

Presented by:

Dr. Offer Grembek

Berkeley SafeTREC

Presented to:

CA Zero Fatalities Task Force June 25, 2019

#### Outline

#### Background

- Safe System
- Informing Speeds
- International Practices

#### Speed and Safety

- Speeding
- Risks of speeding
- Modal vulnerability

#### **US & California**

- 85<sup>th</sup> Percentile
- National efforts
- California MUTCD

### Goal of the transportation system?

Provide mobility.

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Provide mobility.

Provide efficient, cost-effective, equitable, sustainable, ..., and safe mobility.

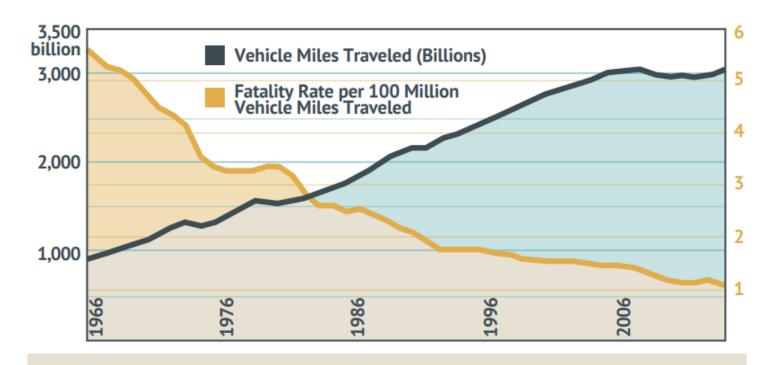


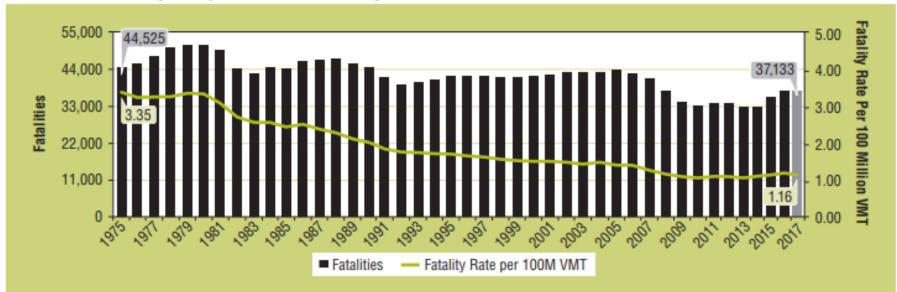
FIGURE 1-3: Fatality Rate and Vehicle Miles Traveled, 1966-2013 (Source: NHTSA FARS)

The fatality rate has demonstrated a downward trend for decades.

We're on the right track towards safety.

## No. It is not safe.

#### Fatalities and Fatality Rate per 100 Million VMT, by Year, 1975-2017



Sources: FARS 1975-2016 Final File, 2017 ARF; Vehicle Miles Traveled (VMT): FHWA.

#### 2017 Fatalities:

California:

3,602

**USA:** 

37,133

Globally:

Over 1,300,000

## No. It is not safe.

#### 10 Leading Causes of Injury Deaths by Age Group Highlighting Unintentional Injury Deaths, United States – 2017

	Age Groups										
Rank	<1	1-4	5-9	10-14	15-24	25-34	35-44	45-54	55-64	65+	Total
1	Unintentional	Unintentional	Unintentional	Unintentional	Unintentional	Unintentional	Unintentional	Unintentional	Unintentional	Unintentional	Unintentional
	Suffocation	Drowning	MV Traffic	MV Traffic	MV Traffic	Polsoning	Poisoning	Poisoning	Poisoning	Fall	Poisoning
	1,106	424	327	428	6,697	16,478	15,032	14,707	10,581	31,190	64,795
2	Homicide	Unintentional	Unintentional	Suicide	Unintentional	Unintentional	Unintentional	Unintentional	Unintentional	Unintentional	Unintentional
	Unspecified	MV Traffic	Drowning	Suffocation	Poisoning	MV Traffic	MV Traffic	MV Traffic	MV Traffic	MV Traffic	MV Traffic
	139	362	125	280	5,030	6,871	5,162	5,471	5,584	7,667	38,659
3	Unintentional MV	Homicide	Unintentional	Suicide	Homicide	Homicide	Suicide	Suicide	Suicide	Suicide	Unintentional
	Traffic	Unspecified	Fire/Bum	Firearm	Firearm	Firearm	Firearm	Firearm	Firearm	Firearm	Fall
	90	129	94	185	4,391	4,594	3,098	3,937	4,219	5,996	36,338
4	Homicide Other Spec., Classifiable 76	Unintentional Suffocation 110	Homicide Firearm 78	Homicide Firearm 126	Suicide Firearm 2,959	Suicide Firearm 3,458	Suicide Suffocation 2,562	Suicide Suffocation 2,294	Unintentional Fall 2,760	Unintentional Unspecified 5,125	Suicide Firearm 23,854
5	Undetermined	Unintentional	Unintentional	Unintentional	Suicide	Suicide	Homicide	Suicide	Suicide	Unintentional	Homicide
	Suffocation	Fire/Burn	Suffocation	Drowning	Suffocation	Suffocation	Firearm	Poisoning	Suffocation	Suffocation	Firearm
	56	95	36	110	2,321	3,063	2,561	1,604	1,631	3,920	14,542

Data Source: National Center for Health Statistics (NCHS), National Vital Statistics System. Produced by: National Center for Injury Prevention and Control, CDC using WISQARS™.



## No. It is not safe.

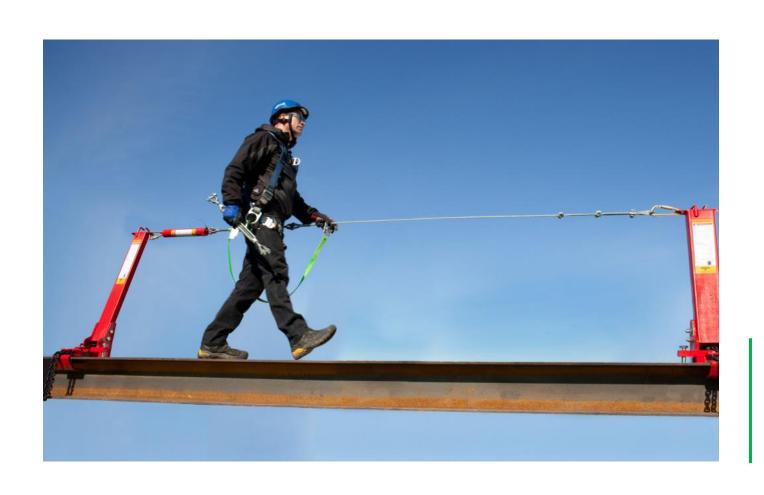
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First, or
Second;
Age > 1yr

Data Source: National Center for Health Statistics (NCHS), National Vital Statistics System. Produced by: National Center for Injury Prevention and Control, CDC using WISQARS™.





a system in which people cannot die despite human error.

Job, and Sakashita. 2016a

safe system

### So, is our transportation system dangerous?

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# dangerous system

a system in which people can die with no human error (e.g., mine field, avalanche area).

Job, and Sakashita. 2016a

#### Our system is not safe and also not dangerous

#### Our system is not safe and also not dangerous

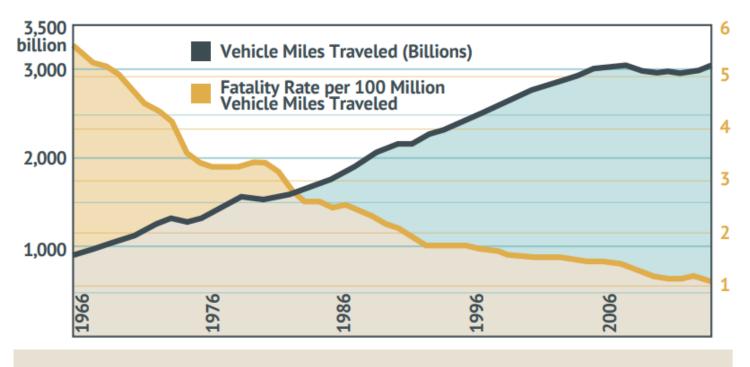


FIGURE 1-3: Fatality Rate and Vehicle Miles Traveled, 1966-2013 (Source: NHTSA FARS)

# unsafe system

a system in which people can die through human error

Job, and Sakashita. 2016a

D 1 1 a Company

#### Our transportation system is unsafe

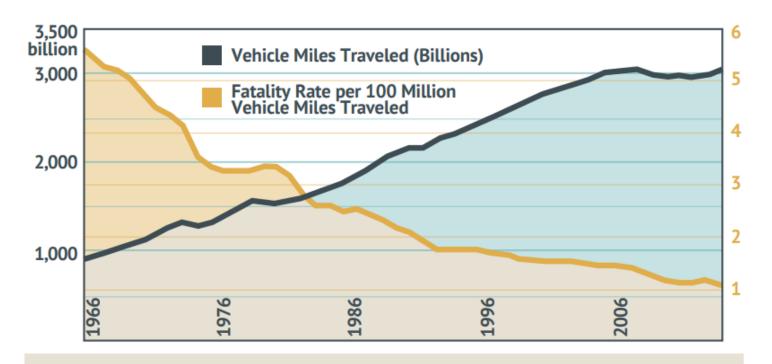


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## unsafe system

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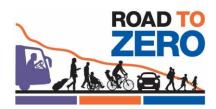
#### Policy innovation to move the needle



#### Policy innovation to move the needle

#### Vision Zero & Safe System

challenge our ability to reach zero without a major change







dangerous system unsafe system safe system

#### Multi-layered systems approach

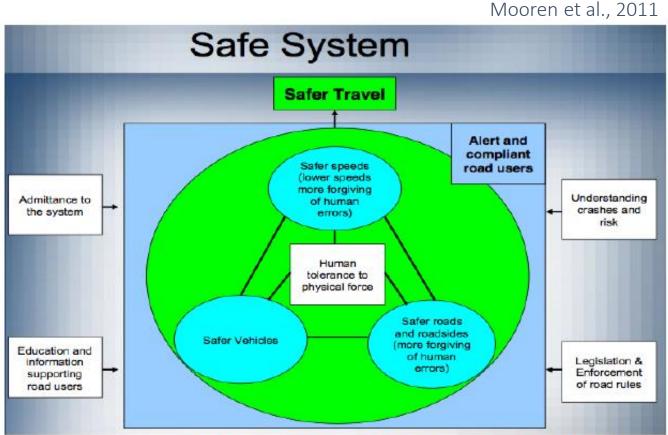


Figure 3 - The Safe System model reproduced from Howard, 2004 [25]

dangerous system safe system

#### System core: human tolerance to force

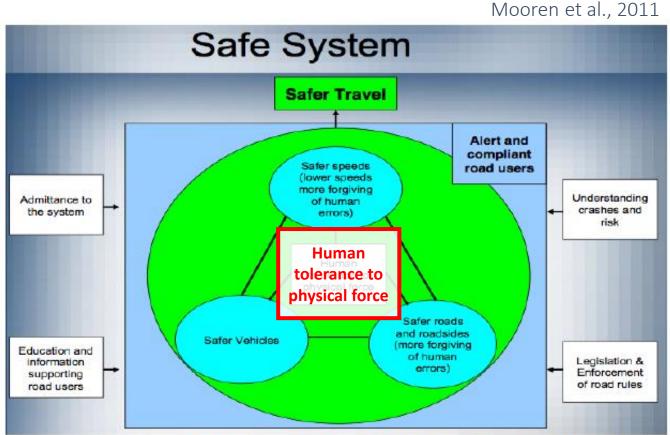


Figure 3 - The Safe System model reproduced from Howard, 2004 [25]

dangerous system safe system

#### Safe System: safer roads, vehicles, speeds

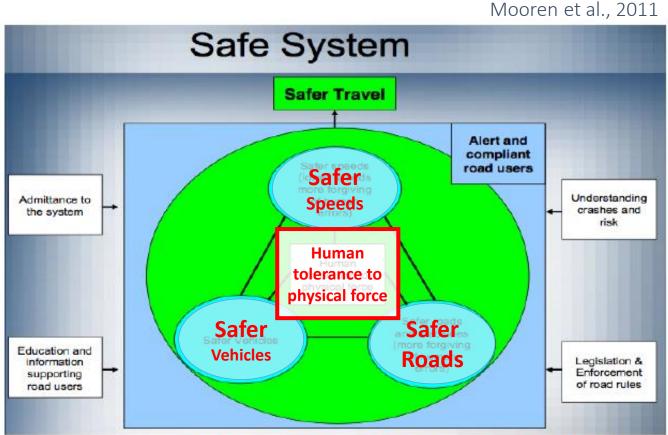


Figure 3 - The Safe System model reproduced from Howard, 2004 [25]

dangerous system safe system

#### Safer Roads, Safer Vehicles, Safer Speeds



Danny Bagwell Flips Violently At Daytona 1999 <a href="https://www.youtube.com/watch?v=llotGXqBH0Y">https://www.youtube.com/watch?v=llotGXqBH0Y</a>



#### Safe System: safer roads, vehicles, speeds

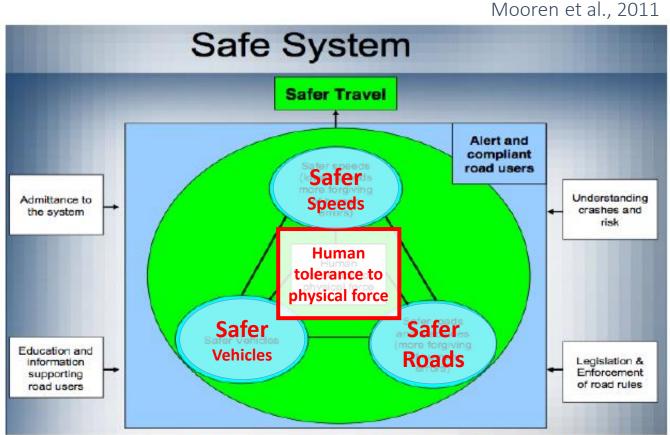


Figure 3 - The Safe System model reproduced from Howard, 2004 [25]

dangerous system safe system

#### Safe System: alert and compliant users

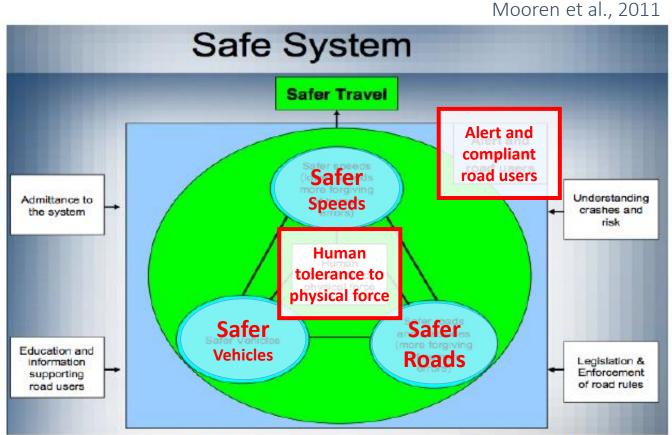


Figure 3 - The Safe System model reproduced from Howard, 2004 [25]

dangerous system safe system

## Dichotomy between behavior and belief



50.3% have driven 15 mph over the speed limit on the freeway

behavior

47.6% have driven 10 mph over the speed limit on residential streets

2.0x

on the freeway than think it's acceptable

23.9% believe driving 15 mph over the speed limit on the freeway is acceptable

belief

3.4x

as many people speed on residential streets than think it's acceptable

14.0% believe driving 10 mph over the speed limit on residential streets is acceptable

Image created by freepil

## Dichotomy between behavior and belief



72.6% have driven 10 mph over the speed limit on the freeway

behavior

30.0% have driven 10 mph over the speed limit on residential streets

4.0x

as many people speed on the freeway than think it's acceptable

18.0% believe speeding on the freeway is a small problem or not a problem

belief

1.6x

on residential streets than think it's acceptable

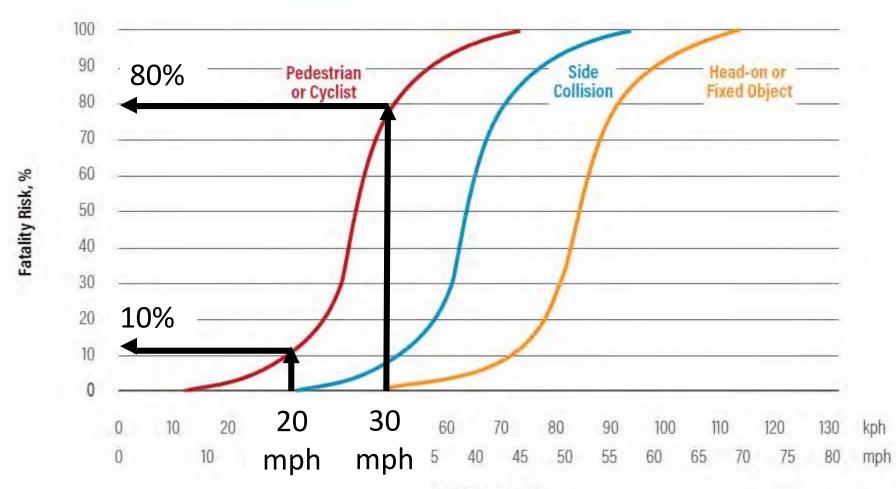
19.0% believe speeding on residential streets is a small problem or not a problem

Image created by freepik

#### How does this affect speed management?

- Vehicle speed is the most important regulating factor for safe road traffic since it is subject to road-user behavior
- The kinetic energy that the human body can tolerate, forms the basic parameter in the design of a safe transport system

## Fatality risk for collision speed, by crash type



Human tolerance to physical force

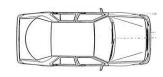
Source: Wramborg, P. 2005." A New Approach to a Safe and Sustainable Road Structure and Street Design for Urban Areas." Paper presented at 13th International Conference on Road Safety on Four Continents, Warsaw, Poland, October 5–7.

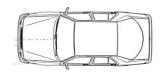
**Collision Speed** 

## Speed limits for a safe system in Sweden





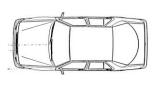




A safe car can protect occupants up to **45 mph** in a head-on collision



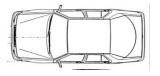




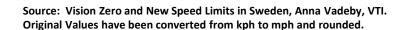
A safe car can protect occupants up to **30 mph** in a side collision







Most unprotected road users survive if a car travelling **20 mph** hits them



## Rural speed limits for safe system, Sweden



- 45 mph (70 km/h): default limit on rural roads
- 50 mph (80-90 km/h): 2-lane roads (milled rumble strips in middle of road)
- 65 mph (100 km/h): 2+1 roads with median barrier
- **70 mph** (110 km/h): motorways
- 75 mph (120 km/h): motorways with high standard and low traffic flow

Year	Increased speed limit (km)	Decreased speed limit (km)
2008	1 000	2 500
2009	1 600	15 000

Source: Vision Zero and New Speed Limits in Sweden, Anna Vadeby, VTI Original Values have been converted from kph to mph and rounded.

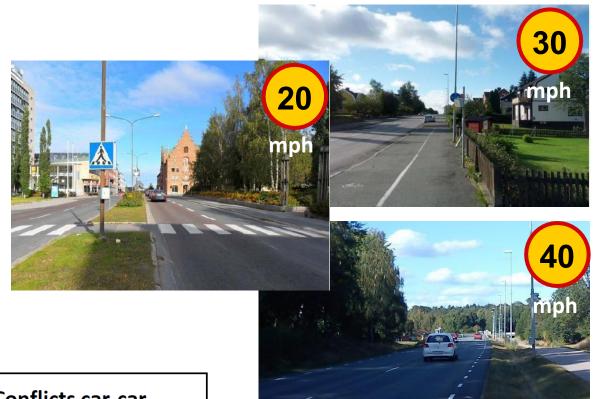


65

### Urban speed limits for a safe system, Sweden

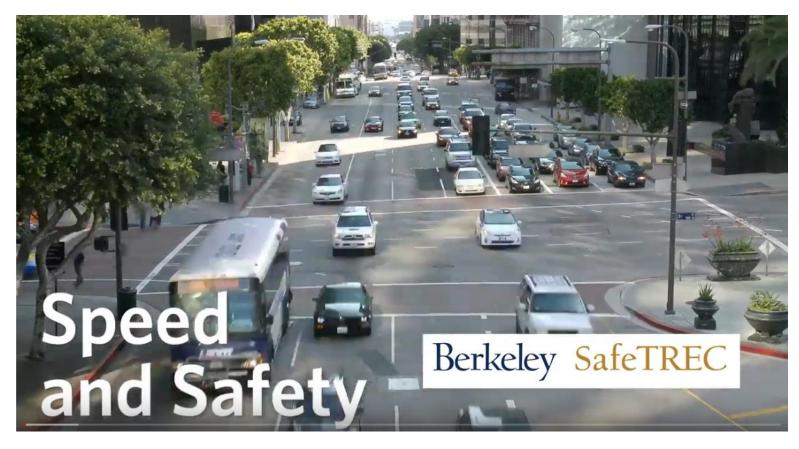
#### Guidelines consider:

- City's character
- Accessibility
- Security
- Traffic Safety
- Health and Environment



Safety		Conflicts car-car	Conflicts car-	Conflicts car-car
Level		(intersections)	obstacle	(oncoming traffic)
High	≤ 20 mph	≤ 30 mph	≤ 40 mph	45 mph

### Speed and Safety



https://youtu.be/6Xm9kp5PIB4

#### Speed and Safety

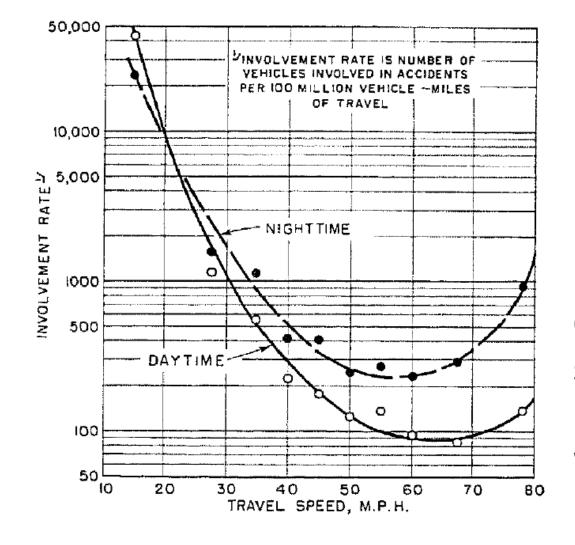


How do we set speed limits to provide the best mobility for a safety constraint of zero traffic fatalities?

#### History of Setting Speed Limits in the US

- Speed limits are established by computing the 85th percentile speed during free-flow travel.
- This approach was developed based on a 1964 USDOT report labeled "Accidents on Main Rural Highways Related to Speed". The report's findings have not been successfully replicated since.
- Another stated rationale is that speed limits below the 85th percentile discourage drivers' compliance with the posted speed limit.

#### The Solomon Curve



## ACCIDENTS ON MAIN RURAL HIGHWAYS RELATED TO SPEED, DRIVER, and VEHICLE

3 1980 00015 8309

Reported by DAVID SOLOMON Chief, Safety Research Branch Traffic Systems Research Division Office of Research and Development



U.S. DEPARTMENT OF COMMERCE

BUREAU OF PUBLIC ROADS
REX M. WHITTON, Administrator

United States Government Printing Office, Washington, D.C. : July 1964

For sale by the Superintendent of Decembers, U.S. Government Printing Office, Washington, D.C. 2012 . Pols Manage 92

Conclusion was that traveling near or slightly above the average speed (approximately the 85th percentile speed) would result in the lowest crash risk

#### **Evolution of Speed**

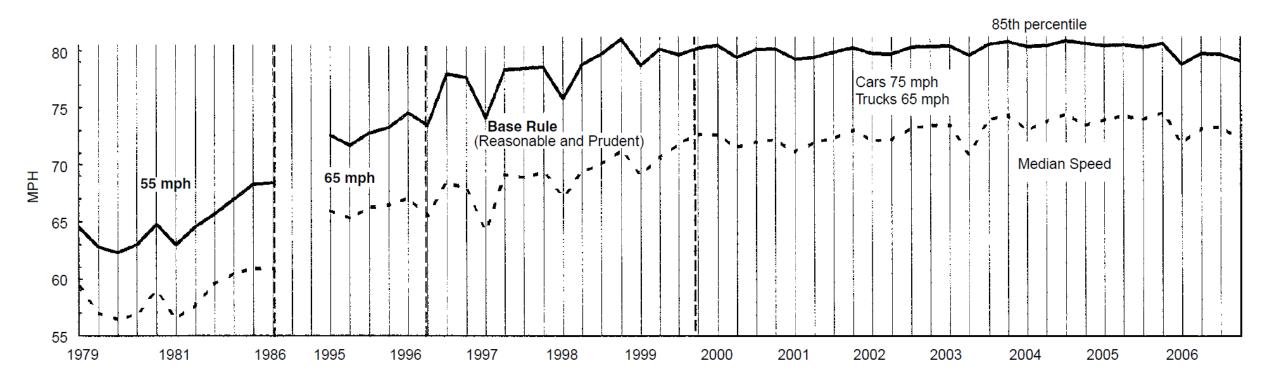
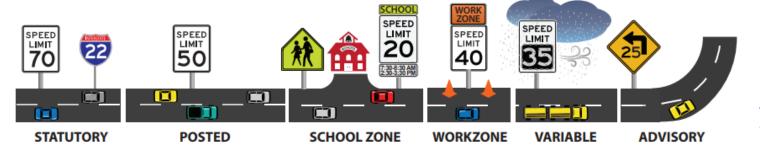


FIGURE 1 Median and 85th percentile speeds on rural Interstates in Montana. (Source: R. Retting of the Insurance Institute for Highway Safety.)

Hauer, E. (2009). Speed and Safety. Transportation Research Record, 2103(1), 10–17.

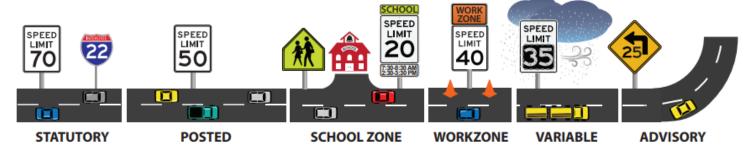
#### Types of Speed Limits

- Basic Speed Law (CVC 22350) states that a driver may never driver faster than is reasonable or prudent for current conditions.
- Two types of speed limits
  - Statutory speed limit
  - Posted speed limit



#### Statutory and Posted Speed Limits

- Statutory speed limit (maximum speed limit)
  - Set by the State Legislature and enforceable even if speed limit sign is not posted
- Posted speed limit (regulatory speed)
  - Set by a local jurisdiction (city or county)
  - Must have an up-to-date Engineering and Traffic Survey to be enforceable when radar or LiDAR is used
  - Takes priority over the established statutory speed limit



#### **Engineering & Traffic Survey**

- Defined by CVC 627 as a survey of "highway and traffic conditions in accordance with methods determined by the Department of Transportation for use by state and local authorities" and considers:
  - Prevailing speeds as determined by traffic engineering measurements
  - Traffic crash records
  - Highway, traffic, and roadside conditions not readily apparent to the driver.
- **85**<sup>th</sup> **percentile** speed of free flowing traffic is often considered a safe and reasonable speed limit.<sup>1</sup>
- Valid for five years, but may be extended to seven or ten years if a registered engineer determines conditions are met



#### Speed Limits – Special Conditions

- School Zone local authorities can reduce the maximum speed limit allowable to 25 mph, or lower if the E&TS indicates that 25 mph is too fast for prudent and safe operations<sup>1</sup>
- Work Zone authorized to "restrict the use and regulate the movement of traffic"<sup>2</sup> and can be set as low as 25 mph<sup>3</sup>
- Other 15 mph in alleys, at blind intersections, blind railroad xing, and more<sup>4</sup>
- Variable displayed on CMS due to specific conditions such as weather, congestion, and more.



#### NTSB Safety Study Recommended

- (H-17-27) Revise Section 2B.13 of the MUTCD:
  - Factors currently listed as optional for all engineering studies are required
  - Require that an expert system such as USLIMITS2 be used as a validation tool
  - Remove the guidance that speed limits in speed zones be within 5 mph of the 85th percentile speed.
- (H-17-28) Revise Section 2B.13 of the MUTCD:
  - to (at a minimum) incorporate the safe system approach for urban roads to strengthen protection for vulnerable road users.

Reducing Speeding-Related Crashes Involving Passenger Vehicles





NTSB/SS-17/01 PB2017-102341

#### Practitioner Survey



#### National Committee on Uniform Traffic Control Devices

12615 West Keystone Drive Telephone (623)680-9592

12615 West Keystone Drive \* Sun City West, AZ, 85375

23)680-9592 \* e-mail: ncutcd@aol.com

- Spring 2018
- 13 questions
- Distributed to numerous transportation professionals
- Number of respondents: 740
- Over 80% use MUTCD regularly
- Average experience: 20 years



## Factors most utilized in setting speed Limits?



Utilization criteria (top 10 with always utilized)	Overall Rank	10 years or less (rank)	11-20 years (rank)	Over 20 years (rank)
Speed of vehicles	1	4	1	2
Crash history	2	2	3	3
Context - location	3	1	2	5
Statutory requirements	4	9	4	1
Geometrics (curve)	5	6	5	4
Facility classification type	6	7	10	7
Context - land use	7	3	6	10
Geometrics (sight distance)	8		8	6
Geometrics (lane width, CS)	9	10	9	9
% vehicles above PSL / speed distribution curve / % veh in pace	10		7	8

## Factors most utilized in setting speed Limits?



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Geometrics (lane width, CS)	9	10	9	9
% vehicles above PSL / speed distribution curve / % veh in pace	10		7	8

#### NCUTCD Recommendations



#### Factors that should be considered

- Speed distribution of free-flowing vehicles (such as current 85th percentile, the pace, review of past speed studies).
- Crash experience for at least a 12-month period relative to similar roadways.
- Road characteristics (such as lane widths, curb/shoulder condition, grade, alignment, median type, sight distance).
- Road context (such as roadside development and environment including number of driveways, land use, functional classification, parking practices, presence of sidewalks/bicycle facilities).
- Road users (such as pedestrian activity, bicycle activity).

# Review of Current Practices for Setting Posted Speed Limits



**April 2019** 

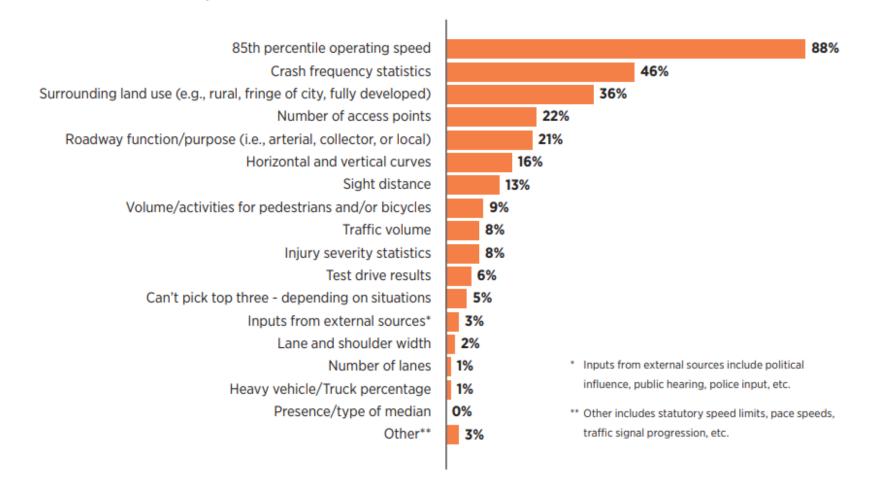


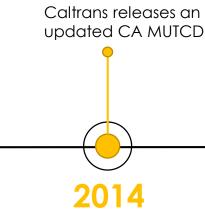
Figure 1. Prevalence of factors that traffic professionals consider the most when setting speed limits

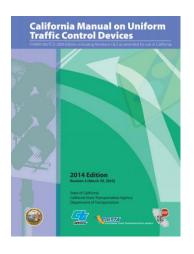


# CA MUTCD is a living document Timeline of recent speed limit updates

CA Supplemental. Posted speed limit should be established at the nearest 5 mph increment of the 85<sup>th</sup> percentile speed with the option for further 5 mph reduction.

MUTCD updated. Posted speed may be reduced by 5 mph from the nearest 5 mph increment of the 85<sup>th</sup> percentile speed, in compliance with CVC Sections 627 and 22358.5





2006

MUTCD updated. Posted speed limit should be <u>established at the nearest 5</u> mph increment of the 85<sup>th</sup> percentile speed with the <u>option for further 5 mph</u> reduction per E&TS.

MUTCD updated. Where the posted speed would be required to be rounded up, Caltrans or local authority may round down to the nearest 5 mph of the 85th percentile speed, if no further reductions can be used per CVC Section 21400(f).

2012

Zero Traffic Fatalities Task
Force convenes to develop
recommendations related
to determining speed limits

2019





# Thank you!

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